



Carriacou Health Services, Inc.



THE  
ASHBY WINDWARD  
FOUNDATION

## The Ashby Windward Foundation

On Behalf of Mr. Frank Gritt & Carriacou Health Services

Present the

### Diabetes and Hypertension Screening Program

July 25 and 26<sup>th</sup> a free screening program will be held at Carriacou Health Services and funded by The Ashby Windward Foundation. Patients will come to CHS fasting for eight (8) hours prior and have a finger stick Blood Glucose checked and a Blood pressure reading taken.

a. Normal Blood Pressures: (less than or equal to 120/80) – Patients are given info on CHS and their services and a handout on healthy activities, exercise, diet, etc

b. Normal Blood Glucose- (Fasting Blood Glucose less than or equal to 100) given info on CHS and their services and a handout on healthy activities, exercise, diet, etc.

c. Abnormal Blood Pressure or Abnormal Glucose Results: patients will be scheduled for specific blood work and an appointment to see **Dr. Laurie Ashby, Dr. Hansel Ashby** or Dr. Carol McIntosh during the first week of August.

Funding for the Labwork and Physician visit would be via the patient, however if financial constraints exist assistance by The Ashby Windward Foundation will be considered.

4. Funding – The Ashby Windward Foundation will pay for the test strips used for the testing. Two Students; Ms. Junel Thomas and Ms. Callista Calliste, previously chosen by The Ashby Windward Foundation and awarded scholarships in memory of Mr. Edward Kent to attend St. George's University Ten Day High School Student Summer Program in June will be providing assistance with the Diabetes and Hypertension Screening Program.

In addition, volunteer nurses will be assisting on that day. Physicians are in attendance for any emergencies that may arise during the screening.

[www.chs-health.com](http://www.chs-health.com)  
[www.ashbywindwardfoundation.org](http://www.ashbywindwardfoundation.org)